

## 21 February 2010—1st Sunday of Lent

### PRAYERS REQUESTED

**Please Pray For:** Marie Scott, Marylee Penhollow, Eunice McGough, Bea & Len Whitlock, Rusty Taylor, Michael Hoag, Frank Jones, Colin Ward, Linda Pratt, Maria Weinberger, Hope Smith, Nancy Barton and Hans Slendebroek (husband of Angela).

### JESUS' TEMPTATION

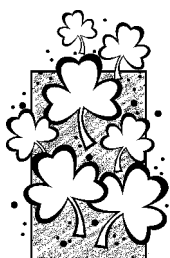


In Luke's story of the temptations of Jesus we see how we can be tempted by wealth, power, and esteem just as He was. Lent calls us to focus on our faith life by living it in deeper ways. As we begin our journey with Catholic Relief Services' Operation Rice Bowl, let us pray and sacrifice so that through our faith life we can make a difference in the lives of our brothers and sisters in need

### BLACK AND INDIAN MISSION COLLECTION

Next Sunday, our parish will take up the annual Collection for Black and Indian Missions.. Your financial contribution helps to support Catholic communities on reservations, in rural areas and inner cities. Your donation funds evangelization programs to strengthen the faith, continue the legacy and share the mission with children and adults here in the United States. For more information please go to [www.blackandindianmission.org](http://www.blackandindianmission.org). and please be generous. You may place the Mission Collection envelope in the collection basket along with your regular Sunday donation.

### ST. PATRICK'S DAY LUNCHEON AT ST. JOHN MISSION



Celebrate the Irish with great food and entertainment. The St. John Mission Women's Guild will be hosting a St. Patrick's Day Luncheon on Thursday, March 11th, in the hall downstairs. The doors will open at noon and lunch will be served by a professional chef at 12:30PM. Please join us for this "green" event. Tickets are \$7.00 each and will be sold after 9AM Mass at St. John Mission or you can call Reggie Buck 425-484-6657.

### PLEASE JOIN US FOR SUPPER!

Our special Lenten Soup Suppers began on Friday, February 19th. Soup will be served from 5:00—7:00PM in the Parish Hall every Friday during Lent except for Good Friday. We hope that families will take the time to enjoy this simple soup and bread dinner and then attend the Stations of the Cross, which will begin at 7PM in the church.

This meatless meal is designed to help us identify with those less fortunate. We are asked to donate the cost of our regular evening meal which we are substituting with this dinner of soup and bread in solidarity with the poor. The money donated goes to the Rice Bowl Collection which helps the poor around the world and in our own community. Please join us for simple food and the good company of your fellow parishioners and help those in need by doing so .

**WHAT HAVE I GIVEN BACK TO GOD  
FOR ALL HE'S GIVEN ME?**

### DO YOU LOVE WORKING WITH FLOWERS?



If you enjoy working with flowers, love to see St. Mary Magdalen Church looking beautiful, and have a couple hours a week to spare, we are looking for 2 or 3 volunteers to help with this ministry. If you think this might be something you would enjoy, or have questions before making a commitment, please call Pat Gaitan at 425-710-9734. She will be happy to talk to you about the time commitment and the duties along with the satisfaction received from this ministry.

### TO THOSE WHO ATTENDED THE VALENTINE POTLUCK:

If you attended the St. Valentine's Mass Potluck, and may have brought a round "Rival" crockpot, please check the one you took home! One of the last couples to leave found that the lid for their crockpot was not the right size and all the other similar pots and lids were gone. Would you mind checking to see if you might have picked up the wrong lid by mistake? If so, please call Arlene Hicks at 425-513-8647 or email [arlenekh@aol.com](mailto:arlenekh@aol.com). Thank you so much!

### NEWS FROM ST. MARY MAGDALEN SCHOOL

#### St. Mary Magdalen School 50<sup>th</sup> Jubilee Auction

Please join us Saturday, March 27, at the Lynnwood Convention Center. Tickets will be on sale next week in our school office. We are also accepting cash donations and auction items for this wonderful annual event. Please drop off any items at the school office. For more information about the auction, please go to [www.stmarym.org/auction](http://www.stmarym.org/auction).



#### Lent Begins

Our students have begun their Lenten journey in preparation for Easter. Take a look at some of their writing and art work displayed around the school. Also, please join us on Fridays at 2:15 in the Church for the Stations of the Cross.

#### Applications for School Year 2010-2011

Assessments for new applicants have begun. Please phone the school office if you wish your child to attend our school next year and we will happily provide you with enrollment information and paperwork!

#### Thoughts from a School Parent

"The Junior High math program is the best SMM has had. The faculty is outstanding in meeting students' individual needs, as well as the needs of the class as a whole. Our English/Literature program is also one of the best. Our students go to high school with a huge advantage."



**For more information about the registration process or to request application materials, please phone the school office or visit our informative website: [www.stmarym.org](http://www.stmarym.org)**

**MASS INTENTIONS: Mon.—Sat. 7:30AM (Wed. 8:30AM)**

To have a Mass said for someone deceased or for the intentions of a living person, stop at the Parish Office with your request and donation. The usual donation is \$10—\$15.

Mon. Feb. 22	Special Intention
Tues. Feb. 23	Steven Flanagan—Deceased
Wed. Feb. 24	Debra Hillis—Deceased
Thurs. Feb. 25	Editha & Remigio Policarpio—Intentions
Fri. Feb. 26	Johanna and Timothy Carr—Deceased
Sat. Feb. 27	Peter Carr —Deceased

**UPCOMING ACTIVITIES**

- Mon. Feb. 22..... - St. Andrew room reserved all day  
- **8AM – Morning Prayer– CH - Mon—Fri.**  
- 8:30AM—AMHS Retreat—SJ CH/Hall  
- 3PM—G Sct #42897—Sch. 2A  
- 3PM—G Sct #42892—Parish Hall  
- 4PM—Light Weigh—St. Joseph Rm  
- **6PM—Evening Prayer—Ch—Mon—Fri**  
- 7PM— OS Sac. Class—Rm 6A  
- 7PM—Rel Ed Gr. 1-8—School  
- 7PM—Rite of Election—St. James Cath.  
- 7PM—School Activity Mtg.—SL
- Tues. Feb. 23..... - 6:30PM—SJ Choir—SJ hall  
- 6:30PM— SJ—Stations of the Cross  
- 7PM—Adult Education Class—CH  
- 7PM—B Sct Troop Mtg—Parish Hall  
- 7PM—B Sct. Leader Comm—ERB
- Wed. Feb. 24..... - **10-11:30AM—Parish Office Closed**  
- 2PM—Staff training—School lab  
- 2PM—Girl Sct. General gathering—PH  
- 4PM—Jubilate Choir—CH loft/MP  
- 7PM—SMM Finance Co.—St. Jsph. Rm.  
- 7PM—Adult Choir—Ch loft
- Thurs. Feb. 25.... - 1PM—Bulletin - St. Andrew  
- 6:30PM—C Sct Blue/Gold Banquet—PH  
- 7PM—Adult Confirmation Class—Sch. 7B  
- 7PM—RCIA—Church  
- 7PM—RCIC—School room 6A  
- 7PM— School Activity—SL
- Fri. Feb. 26..... - Day of Abstinence  
- 1:15PM—ArtFriends—Parish Hall  
- 2:15PM—School Stations/Cross—CH  
- 5-7PM—Soup Supper—Parish Hall  
- 6:00PM—Evening Prayer  
- 7PM— Stations of the Cross—Church  
- 7-8PM—Confessions—Church  
- 7PM—Vietnamese Class—ERB, 7B, 8B
- Sat. Feb. 27..... - 9AM—Altar Society—St. Jsph Rm.  
- 3:30PM—Confessions—SMM Church
- Sun. Feb. 28..... - 2nd Sunday of Lent  
- Coffee & Donuts—Adult Ed.—8 & 10 Mass  
- 9:15AM—Ad Altare Dei—B. Sct.—ERB  
- 10AM Mass—RCIA Dismissal—SL  
- 10AM—Pre-school Class—School  
- All Day – Faith Formation classes—SL  
- 11:15AM—Teen Choir—SMM loft  
- 1:30— HS Gr. 9-12—Parish Hall

**Please return your Sacrificial Giving Pledge.  
We need everyone to participate.  
God bless you for your help.**

**PROCRASTINATION**



If you want to make an easy job seem difficult just keep putting off doing it.  
All it takes for evil to triumph is for good people to do nothing  
Joshua 18:3 - Dcn. Dave

**EN THEOS—Enthusiasm For the Faith**

**Question: Lent always seems to help me renew my relationship with God and strengthen my religious practice. Do you have any suggestions as to what I could do to achieve that the rest of the year?**

**Answer:** The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape!

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**Copies of the  
complete Lent and Easter Schedule**

**are in the literature racks in the vestibules.**

**YOUTH CORNER**

**This weekend** we are focusing on the Sacrament of Marriage. We look forward to seeing all of your bright, smiling faces after the noon Mass! New members to the Youth Group are always welcome!!!

**Lent has begun!**

Lent is not about giving up bad habits. It's more than just giving up sweets or meat on Fridays. Ultimately it is about converting our hearts and giving them over to the Lord. We make little sacrifices or do something extra in our lives to help remind us of the primacy of the place God should have in our lives. It's not too late to begin doing something extra or giving something up for Lent, and if you have already slipped out of your resolution, it doesn't mean you should give up.